



Moving & Handling of Individuals

Course Profile

This course gives staff & volunteers the knowledge they need in a care environment to move and support individuals and objects more safely

Duration

6 hours

Who is this course suitable for?

All staff must be protected from the risks involved by moving, handling and supporting activities. It assists Registered Managers comply with National Minimum Standard 38 (clients 65 years and older or Standard 42 (18 – 65 year old clients)

Certification

Successful students are awarded a Level 2 Moving & Handling of Individuals certificate & covers the knowledge requirements of these national recognised awards:

- ❖ Management of Health & Safety Regulations No 10 and 13
- ❖ Standard 3.2 from the Common Induction Standards from *Skills for Care*

What does the course cover?

- ❖ Risk assessments
- ❖ Ergonomics for safer lifting
- ❖ Individual concerns addressed
- ❖ Moving individuals in a safe and dignified manner
- ❖ Anatomy, physiology, injuries, etc
- ❖ Principles of manual handling
- ❖ Legislation, guidance, local policies

Why choose us?

- ❖ We ensure our courses are as fun, practical and student-led as possible
- ❖ Our Trainers include nurses & paramedics with excellent teaching credentials
- ❖ We have been nominated for a National Training Award for “Training Excellence”
- ❖ We exceed the training standards recommended by the HSE