



Requalification First Aid at Work

Course Profile

This requalification course is the shortened course that gives qualified first aiders the opportunity to re-qualify for another three years without losing any un-expired time

Duration

12 hours

Who is this course suitable for?

This course is for first aiders who hold a current FAW certificate that expires within 3 months
Students need to have the qualities and attitudes you would expect of a first aider

Certification

This course leads to the award of a First Aid at Work certificate on successful completion
There is a final assessment to check the practical skills of the first aider
It renews the certificate for another 3 years plus any un-expired time from the original one

What does the course cover?

- ❖ Role of a First Aider at work
- ❖ Assessment & control of situations
- ❖ Care of unconscious casualties
- ❖ Resuscitation (CPR)
- ❖ Bone and soft tissue injuries
- ❖ Eye injuries
- ❖ Anaphylactic (allergy) shock
- ❖ Minor & major bleeding (inc. shock)
- ❖ Choking
- ❖ Management of minor injuries
- ❖ Recognise worsening of medical problems
- ❖ Burns and scalds
- ❖ Poisoning
- ❖ Chest injuries

Why choose us?

- ❖ We ensure our courses are as fun, practical and student-led as possible
- ❖ Our Trainers include nurses & paramedics with excellent teaching credentials
- ❖ We have been nominated for a National Training Award for “Training Excellence”
- ❖ We exceed the training standards recommended by the HSE

Approved by the **Health & Safety Executive** to provide First Aid at Work training
Approval No: 1422/94 www.FirstAidTraining.org.uk

First Aid Training